

September 2023 Lunch and Breakfast Menu

MON	TUES	WED	THURS	FRI
				1 Breakfast: Omlet, Juice, Low-Fat Milk Lunch: Pizza, Corn, Salad Bar, Low-Fat Milk
4 No School Labor Day	5 Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Veg Beef Soup, Grilled Cheese, Choco Cake, Salad Bar, Low-Fat Milk	6 Breakfast: Breakfast Pizza, Juice, Low-Fat Milk Lunch: Tenderlion, Potato Wedges, Salad Bar, Low-Fat Milk	7 Breakfast: Waffle, Sausage, Juice, Low-Fat Milk Lunch: Chicken Noodles, Mashed Potatoes, Dinner Roll, Salad Bar, Low-Fat Milk	8 Breakfast: Scrambled Eggs, Juice, Low-Fat Milk Lunch: Mr. Ribb, Hash Browns, Salad Bar, Low-Fat Milk
11 Breakfast: Long John, Juice, Low-Fat Milk Lunch: Tater Tot Casserole, Green Beans, Breadstick, Salad Bar, Low-Fat Milk	12 Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Taco, Tater Tots, Salad Bar, Low-Fat Milk	13 Breakfast: Breakfast Bar, Juice, Low-Fat Milk Lunch: Chicken Fried Steak, Mash Potato, Dinner Roll, Salad Bar, Low-Fat Milk	14 Breakfast: French Toast, Sausage, Juice, Low-Fat Milk Lunch: Chicken Sandwich, Potato Wedges, Cookie, Salad Bar, Low-Fat Milk	15 Breakfast: Biscuit and Gravy, Juice, Low-Fat Milk Lunch: Shrimp, Beans & Rice, Brownie, Salad Bar, Low-Fat Milk
18 Breakfast: Donut Holes, Juice, Low-Fat Milk Lunch: Chili, Cinnamon Roll, Salad Bar, Low-Fat Milk	19 Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Chicken Nuggets, French Fries, Salad Bar, Low-Fat Milk	20 Breakfast: Breakfast Pizza, Juice, Low-Fat Milk Lunch: Pig in Blanket, Baked Beans, Salad Bar, Low-Fat Milk	21 Breakfast: Pancake and Sausage, Juice, Low-Fat Milk Lunch: Cream Chicken, Biscuit, Peas, Salad Bar, Low-Fat Milk	22 Breakfast: Omlet, Juice, Low-Fat Milk Lunch: Hamburger, Tater Tots, Cookie, Salad Bar, Low-Fat Milk
25 Breakfast: Donut, Juice, Low-Fat Milk Lunch: Orange Chicken, Rice, Mixed Vegetables, Salad Bar, Low-Fat Milk	26 Breakfast: Breakfast Pizza, Juice, Low-Fat Milk Lunch: Pizza Burger, Potato Wedges, Salad Bar, Low-Fat Milk	27 Breakfast: Breakfast Bar, Juice, Low-Fat Milk Lunch: Corn Dog, Mashed Potatoes, Cookie, Salad Bar, Low-fat Milk	28 Breakfast: Pancakes on a Stick, Juice, Low-fat Milk Lunch: Italian Casserole, Green Beans, Breadstick, Salad Bar, Low-fat Milk	29 Breakfast: Scrambled Eggs, Juice, Low-Fat Milk Lunch: Grilled Chicken Sandwich, French Fries, Salad Bar, Low-Fat Milk